| HOBOKEN THERAPIST REFERRAL LIST |
| --- |
| Name | Contact Info | Insurance Accepted | Specialty Areas | Teletherapy? |
| Dr. Toni Amabile | 223 Bloomfield StreetHoboken, NJ 07030973-736-1155Taamabile@Yahoo.com  | **Stevens Insurance (UHC)**BC/BS  | *Anxiety**Depression* | Not accepting new clients as of 8/27/20 |
|  |  |
| [Dr. Nadimeh Badaan](https://www.psychologytoday.com/us/therapists/center-for-specialized-psychology-llc-hoboken-nj/347789)[Center for Specialized Psychology](https://specialpsych.com/) | 306 Washington Street, Suite 304Hoboken, NJ 07030(201) 706-8442 | **Stevens Insurance (UHC)**BC/BS (PPO Only) | *Trauma* *Women’s Issues* *Assertiveness**Dialectical Behavioral Therapy Personality Testing* | **Yes** |
|  |  |
| [Maria Balice, LCSW](https://therapists.psychologytoday.com/rms/prof_detail.php?profid=115871&sid=1478550957.5659_20855&city=Hoboken&county=Hudson&state=NJ&tr=ResultsName)   | 80 River StreetHoboken, NJ 07030201-397-1822 | AetnaAmeriHealthBC/BSCigna | Healthfirst New YorkHorizon HealthcareMagellanOut of Network |  | **Yes** |
|  |  |
| [Steven M Bielarski, LCSW](https://therapists.psychologytoday.com/rms/prof_detail.php?profid=142866&sid=1478550957.5659_20855&city=Hoboken&county=Hudson&state=NJ&tr=ResultsName)   | 223 Bloomfield St., Suite 113Hoboken, NJ 07030 201-351-2242 | Aetna Anthem Barnabas HealthCigna Empire BCBS Horizon Healthcare  | Magellan QualCare Value Options Oscar Health Net GHI | *Depression**Anxiety**Stress Management**LGBTQ Issues* | **Yes** |
|  |  |
| [Dayle Brenner-Wilde, LCSW](https://therapists.psychologytoday.com/rms/name/Dayle_A_Brenner_LCSW-R_New%2BYork_New%2BYork_74611) | 80 River St., # 302Hoboken, NJ 07030516-662-2612 | Out-of-network | *Couples Therapy**Anxiety**Depression* | **Yes** |
|  |  |
| [Dr. Miriam Burt, Psy.D.](https://therapists.psychologytoday.com/rms/name/Miriam_A_Burt_PsyD_Hoboken_New%2BJersey_217915) | 258 Newark Street, Suite 205Hoboken, NJ 07030646-791-4226 | Out-of-network; sliding scale | *Young Adult / College Student Issues* | **Yes** |
|  |  |
| [Dr. Diana Chacon](https://www.psychologytoday.com/us/therapists/diana-chacon-hoboken-nj/348884?sid=5f47dfa1461e1&name=diana+chacon&ref=1&tr=ResultsRow)*\*Fluent in Spanish*  | 223 Bloomfield St., Suite 112Hoboken, NJ 07030201-714-4600DRDC05@hotmail.com  | BC/BS (PPO only)Aetna**Stevens Insurance (UHC)** | *Mindfulness**Self-Esteem Issues Anxiety/Depression**Stress Management*  | **Yes** |
|  |  |
| [The Counseling and Wellness Center](http://thecwcnj.com/) | 450 7th Street, LL5Hoboken, NJ 07030866-369-1090 | MedicareAetnaCigna | *Evidence-Based Therapy**Cognitive Behavioral Therapy* | **Yes** |
|  |  |
| [Dr. Joseph A. DeMeyer](https://www.psychologytoday.com/us/therapists/joseph-a-demeyer-phd-pc-associates-wayne-nj/123666) | 223 Bloomfield St. Suite., 114Hoboken, NJ 07030201-683-7006JosephDeMeyer@hotmail.com HobokenAssociates@gmail.com  | Many! Including **Stevens Insurance (UHC)** |  | **Yes** |
|  |  |
| [Gary Depice, LCSW](https://www.psychologytoday.com/us/therapists/joseph-a-demeyer-phd-pc-associates-wayne-nj/123666) | 132 Washington StreetHoboken, NJ 07030201-653-2634 |  | *Anxiety**Depression**Relationship Counseling* | **Yes** |
|  |  |
| [Paula Diaz](https://therapists.psychologytoday.com/rms/prof_detail.php?profid=147771&sid=1478550957.5659_20855&city=Hoboken&county=Hudson&state=NJ&tr=ResultsName), MSW, LCSW, LCADC, SAP | 223 Bloomfield Street, Suite 103Hoboken, NJ 07030201-470-6760201-420-7646 | AetnaCignaOptumBeacon Health Value Options BC/BSMagellan | Military One OxfordMagna CareQualCareEAPTricare | *Anxiety* *Relationship Issues**Addiction* |  |
|  |  |
| [Talia Filippelli](http://www.starrtherapy.com/talia-filippelli/), LCSW, CHHC, CPTStarr Therapy | 306 Washington Street, Suite 202Hoboken, NJ 07030201-218-7431 | Out of Network | *Stress Management**Anxiety**Relationship Issues* | **Yes** |
|  |  |
| Dr. Dennis FingerDr. Laura Shack Finger | 935 Park AvenueHoboken, NJ 07030201-656-4119 | Aetna**Stevens Insurance (UHC)** | United/Oxford Cigna | *Anxiety /Depression* *Career / Work Issues* *Women’s Issues**Couples*  | **Yes** |
|  |  |
| [Aynur Fox, LPC](https://therapists.psychologytoday.com/rms/prof_detail.php?profid=230454&sid=1478550957.5659_20855&city=Hoboken&county=Hudson&state=NJ&rec_next=81&tr=ResultsName)  | 300 Newark St., Apt 5FHoboken, NJ 07030201-706-7135 | AetnaAnthemCignaBCBS | *Depression**Anxiety**Self Esteem* | **Yes** |
|  |  |
| [Hudson River Care & Counseling](http://www.hudsonrivercareandcounseling.com/)\**Some clinicians speak Spanish* | 63-A 8th StreetHoboken, NJ 07030HudsonRiverCC@gmail.com 201-541-8600 | UnitedAetnaMedicareOxford | GHIHealth Republic HorizonBC/BS | ***Spiritual and Faith-Based****Relationship Issues**Cultural Assimilation**Trauma & PTSD**Adolescent Treatment* *Religious/Spiritual Issues**Gender Identity* |  |
|  |  |
| [Jessica Kasevich](http://jktherapy.com/), MSW, LCSWJK Therapy | 51 Newark Street, Suite 205Hoboken, NJ 07030917-968-2797 | Out of Network | *Anxiety**Depression**Substance Abuse* | **Yes** |
|  |  |
| [Jane Kober, LCSW](https://therapists.psychologytoday.com/rms/prof_detail.php?profid=62951&sid=1478550957.5659_20855&city=Hoboken&county=Hudson&state=NJ&tr=ResultsName) | 80 River Street, Suite 302Hoboken, NJ 07030201-653-1980janekober@yahoo.com  | AetnaBarnabas Healthcare | *Relationship Issues**Adolescent Depression*  | **Yes** |
|  |  |
| [Lukin Center for Psychotherapy](http://www.lukincenter.com/)Konstatin Lukin, Ph.D - DirectorPaula Yanes, Ph.DJessica Larsen, Ph.D.Andrea Tesher, Psy.D.Brian Amorello, Ph.D.Erik Dranoff, Ph.D | 223 Bloomfield, Suite 107Hoboken, NJ 0703020 Wilsey SquareRidgewood, NJ 07450drlukin@lukincenter.com917-903-1901 (no charge phone consultation) | Out of network benefits Sliding Fee\*Neuropsychological testing available / not covered by insurance. | *Evidence-Based Therapy**Cognitive Behavioral Therapy* *Anxiety / Depression**Relationship Issues**Life-Transitions* | **Yes** |
|  |  |
| [Dr. Stephanie Patten](https://therapists.psychologytoday.com/rms/name/Stephanie_K_Patten_PhD_Hoboken_New%2BJersey_140359) | 223 Bloomfield StreetHoboken, NJ 07030732-255-4747 | AetnaOptumOxford**Stevens Insurance (UHC)** | *Anxiety**Depression**Relationship Concerns* |  |
|  |  |
| [Raúl A. Plasencia, LCSW, CP](https://therapists.psychologytoday.com/rms/prof_detail.php?profid=124968&sid=1478550957.5659_20855&city=Hoboken&county=Hudson&state=NJ&tr=ResultsName) | 223 Bloomfield Street, Suite 116Hoboken, NJ 07030201-600-3562 | BC/BSCignaHorizon | MedicareUnited Healthcare | *Psychoanalytically Trained**Panic Disorder**Addictions**Generalized Anxiety Disorder* |  |
|  |  |
| [Shefali Samrai, Ph.D.](https://www.psychologytoday.com/us/therapists/shefali-samrai-new-york-ny/215268)  | 306 Washington Street, Hoboken, NJ 07030(917) 601-7459  | Out of Network; Sliding Scale | *Anxiety/Depression/Panic**Addictions**Stress Management**CBT & DBT Therapies* | **Yes** |
|  |  |
| [Helen Smith, LCSW](https://therapists.psychologytoday.com/rms/name/Helen_Smith%2BMsw%2BLcsw_LCSW_Hoboken_New%2BJersey_138711) | 86 Hudson StreetHoboken, NJ 07030201-844-6878 | AetnaMedicare | *Anxiety**Depression**Relationship Challenges* | **Yes** |
|  |  |
|  |  |
| Other |  |  |  |  |
| Tom BennettAcadia Health CareHigher Education Recovery Coordinator | 615-856-1172tbennett@crchealth.com  |  | *Can connect students with alcohol and drug treatment resources* |  |
|  |  |
| Bridgeway Rehabilitation ServicesBridgeway Crisis Intervention Services | 152 Central AvenueJersey City, NJ 07306201-885-2539Walk-in hours M-F 9am-8pm &Sat-Sun 10am-6pm | Many InsurancesMedicaidMedicare |  |  |
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