| HOBOKEN THERAPIST REFERRAL LIST | | | | | | |
| --- | --- | --- | --- | --- | --- | --- |
| Name | Contact Info | Insurance Accepted | | | Specialty Areas | Teletherapy? |
| Dr. Toni Amabile | 223 Bloomfield Street  Hoboken, NJ 07030  973-736-1155  [Taamabile@Yahoo.com](mailto:Taamabile@Yahoo.com) | **Stevens Insurance (UHC)**  BC/BS | | | *Anxiety*  *Depression* | Not accepting new clients as of 8/27/20 |
|  | | | | | |  |
| [Dr. Nadimeh Badaan](https://www.psychologytoday.com/us/therapists/center-for-specialized-psychology-llc-hoboken-nj/347789)  [Center for Specialized Psychology](https://specialpsych.com/) | 306 Washington Street, Suite 304  Hoboken, NJ 07030  (201) 706-8442 | **Stevens Insurance (UHC)**  BC/BS (PPO Only) | | | *Trauma*  *Women’s Issues*  *Assertiveness*  *Dialectical Behavioral Therapy Personality Testing* | **Yes** |
|  | | | | | |  |
| [Maria Balice, LCSW](https://therapists.psychologytoday.com/rms/prof_detail.php?profid=115871&sid=1478550957.5659_20855&city=Hoboken&county=Hudson&state=NJ&tr=ResultsName) | 80 River Street  Hoboken, NJ 07030  201-397-1822 | Aetna  AmeriHealth  BC/BS  Cigna | | Healthfirst New York  Horizon Healthcare  Magellan  Out of Network |  | **Yes** |
|  | | | | | |  |
| [Steven M Bielarski, LCSW](https://therapists.psychologytoday.com/rms/prof_detail.php?profid=142866&sid=1478550957.5659_20855&city=Hoboken&county=Hudson&state=NJ&tr=ResultsName) | 223 Bloomfield St., Suite 113  Hoboken, NJ 07030  201-351-2242 | Aetna  Anthem  Barnabas Health  Cigna  Empire BCBS  Horizon Healthcare | | Magellan  QualCare  Value Options  Oscar  Health  Net GHI | *Depression*  *Anxiety*  *Stress Management*  *LGBTQ Issues* | **Yes** |
|  | | | | | |  |
| [Dayle Brenner-Wilde, LCSW](https://therapists.psychologytoday.com/rms/name/Dayle_A_Brenner_LCSW-R_New+York_New+York_74611) | 80 River St., # 302  Hoboken, NJ 07030  516-662-2612 | Out-of-network | | | *Couples Therapy*  *Anxiety*  *Depression* | **Yes** |
|  | | | | | |  |
| [Dr. Miriam Burt, Psy.D.](https://therapists.psychologytoday.com/rms/name/Miriam_A_Burt_PsyD_Hoboken_New+Jersey_217915) | 258 Newark Street, Suite 205  Hoboken, NJ 07030  646-791-4226 | Out-of-network; sliding scale | | | *Young Adult / College Student Issues* | **Yes** |
|  | | | | | |  |
| [Dr. Diana Chacon](https://www.psychologytoday.com/us/therapists/diana-chacon-hoboken-nj/348884?sid=5f47dfa1461e1&name=diana+chacon&ref=1&tr=ResultsRow)  *\*Fluent in Spanish* | 223 Bloomfield St., Suite 112  Hoboken, NJ 07030  201-714-4600  [DRDC05@hotmail.com](mailto:DRDC05@hotmail.com) | BC/BS (PPO only)  Aetna  **Stevens Insurance (UHC)** | | | *Mindfulness*  *Self-Esteem Issues Anxiety/Depression*  *Stress Management* | **Yes** |
|  | | | | | |  |
| [The Counseling and Wellness Center](http://thecwcnj.com/) | 450 7th Street, LL5  Hoboken, NJ 07030  866-369-1090 | Medicare  Aetna  Cigna | | | *Evidence-Based Therapy*  *Cognitive Behavioral Therapy* | **Yes** |
|  | | | | | |  |
| [Dr. Joseph A. DeMeyer](https://www.psychologytoday.com/us/therapists/joseph-a-demeyer-phd-pc-associates-wayne-nj/123666) | 223 Bloomfield St. Suite., 114  Hoboken, NJ 07030  201-683-7006  [JosephDeMeyer@hotmail.com](mailto:JosephDeMeyer@hotmail.com)  [HobokenAssociates@gmail.com](mailto:HobokenAssociates@gmail.com) | Many! Including **Stevens Insurance (UHC)** | | |  | **Yes** |
|  | | | | | |  |
| [Gary Depice, LCSW](https://www.psychologytoday.com/us/therapists/joseph-a-demeyer-phd-pc-associates-wayne-nj/123666) | 132 Washington Street  Hoboken, NJ 07030  201-653-2634 |  | | | *Anxiety*  *Depression*  *Relationship Counseling* | **Yes** |
|  | | | | | |  |
| [Paula Diaz](https://therapists.psychologytoday.com/rms/prof_detail.php?profid=147771&sid=1478550957.5659_20855&city=Hoboken&county=Hudson&state=NJ&tr=ResultsName), MSW, LCSW, LCADC, SAP | 223 Bloomfield Street, Suite 103  Hoboken, NJ 07030  201-470-6760  201-420-7646 | Aetna  Cigna  Optum  Beacon Health Value Options  BC/BS  Magellan | | Military One Oxford  Magna Care  QualCare  EAP  Tricare | *Anxiety*  *Relationship Issues*  *Addiction* |  |
|  | | | | | |  |
| [Talia Filippelli](http://www.starrtherapy.com/talia-filippelli/), LCSW, CHHC, CPT  Starr Therapy | 306 Washington Street, Suite 202  Hoboken, NJ 07030  201-218-7431 | Out of Network | | | *Stress Management*  *Anxiety*  *Relationship Issues* | **Yes** |
|  | | | | | |  |
| Dr. Dennis Finger  Dr. Laura Shack Finger | 935 Park Avenue  Hoboken, NJ 07030  201-656-4119 | Aetna  **Stevens Insurance (UHC)** | | United/Oxford  Cigna | *Anxiety /Depression*  *Career / Work Issues*  *Women’s Issues*  *Couples* | **Yes** |
|  | | | | | |  |
| [Aynur Fox, LPC](https://therapists.psychologytoday.com/rms/prof_detail.php?profid=230454&sid=1478550957.5659_20855&city=Hoboken&county=Hudson&state=NJ&rec_next=81&tr=ResultsName) | 300 Newark St., Apt 5F  Hoboken, NJ 07030  201-706-7135 | Aetna  Anthem  Cigna  BCBS | | | *Depression*  *Anxiety*  *Self Esteem* | **Yes** |
|  | | | | | |  |
| [Hudson River Care & Counseling](http://www.hudsonrivercareandcounseling.com/)  \**Some clinicians speak Spanish* | 63-A 8th Street  Hoboken, NJ 07030  [HudsonRiverCC@gmail.com](mailto:HudsonRiverCC@gmail.com)  201-541-8600 | United  Aetna  Medicare  Oxford | | GHI  Health Republic Horizon  BC/BS | ***Spiritual and Faith-Based***  *Relationship Issues*  *Cultural Assimilation*  *Trauma & PTSD*  *Adolescent Treatment*  *Religious/Spiritual Issues*  *Gender Identity* |  |
|  | | | | | |  |
| [Jessica Kasevich](http://jktherapy.com/), MSW, LCSW  JK Therapy | 51 Newark Street, Suite 205  Hoboken, NJ 07030  917-968-2797 | Out of Network | | | *Anxiety*  *Depression*  *Substance Abuse* | **Yes** |
|  | | | | | |  |
| [Jane Kober, LCSW](https://therapists.psychologytoday.com/rms/prof_detail.php?profid=62951&sid=1478550957.5659_20855&city=Hoboken&county=Hudson&state=NJ&tr=ResultsName) | 80 River Street, Suite 302  Hoboken, NJ 07030  201-653-1980  [janekober@yahoo.com](mailto:janekober@yahoo.com) | Aetna  Barnabas Healthcare | | | *Relationship Issues*  *Adolescent Depression* | **Yes** |
|  | | | | | |  |
| [Lukin Center for Psychotherapy](http://www.lukincenter.com/)  Konstatin Lukin, Ph.D - Director  Paula Yanes, Ph.D Jessica Larsen, Ph.D.  Andrea Tesher, Psy.D.  Brian Amorello, Ph.D.  Erik Dranoff, Ph.D | 223 Bloomfield, Suite 107  Hoboken, NJ 07030  20 Wilsey Square  Ridgewood, NJ 07450  [drlukin@lukincenter.com](mailto:drlukin@lukincenter.com)  917-903-1901 (no charge phone consultation) | Out of network benefits  Sliding Fee  \*Neuropsychological testing available / not covered by insurance. | | | *Evidence-Based Therapy*  *Cognitive Behavioral Therapy*  *Anxiety / Depression*  *Relationship Issues*  *Life-Transitions* | **Yes** |
|  | | | | | |  |
| [Dr. Stephanie Patten](https://therapists.psychologytoday.com/rms/name/Stephanie_K_Patten_PhD_Hoboken_New+Jersey_140359) | 223 Bloomfield Street  Hoboken, NJ 07030  732-255-4747 | Aetna  Optum  Oxford  **Stevens Insurance (UHC)** | | | *Anxiety*  *Depression*  *Relationship Concerns* |  |
|  | | | | | |  |
| [Raúl A. Plasencia, LCSW, CP](https://therapists.psychologytoday.com/rms/prof_detail.php?profid=124968&sid=1478550957.5659_20855&city=Hoboken&county=Hudson&state=NJ&tr=ResultsName) | 223 Bloomfield Street, Suite 116  Hoboken, NJ 07030  201-600-3562 | BC/BS  Cigna  Horizon | | Medicare  United Healthcare | *Psychoanalytically Trained*  *Panic Disorder*  *Addictions*  *Generalized Anxiety Disorder* |  |
|  | | | | | |  |
| [Shefali Samrai, Ph.D.](https://www.psychologytoday.com/us/therapists/shefali-samrai-new-york-ny/215268) | 306 Washington Street,  Hoboken, NJ 07030  (917) 601-7459 | Out of Network; Sliding Scale | | | *Anxiety/Depression/Panic*  *Addictions*  *Stress Management*  *CBT & DBT Therapies* | **Yes** |
|  | | | | | |  |
| [Helen Smith, LCSW](https://therapists.psychologytoday.com/rms/name/Helen_Smith+Msw+Lcsw_LCSW_Hoboken_New+Jersey_138711) | 86 Hudson Street  Hoboken, NJ 07030  201-844-6878 | Aetna  Medicare | | | *Anxiety*  *Depression*  *Relationship Challenges* | **Yes** |
|  | | | | | |  |
|  | | | | | |  |
| Other |  |  | | |  |  |
| Tom Bennett  Acadia Health Care  Higher Education Recovery Coordinator | 615-856-1172  [tbennett@crchealth.com](mailto:tbennett@crchealth.com) |  | | | *Can connect students with alcohol and drug treatment resources* |  |
|  |  | |
| Bridgeway Rehabilitation Services  Bridgeway Crisis Intervention Services | 152 Central Avenue  Jersey City, NJ 07306  201-885-2539  Walk-in hours M-F 9am-8pm &  Sat-Sun 10am-6pm | Many Insurances  Medicaid  Medicare | | |  |  |
|  | | | | | |  |

