

We can help you with that.

Whatever life throws at you –
throw it our way.



Life. Just when you think you've got it figured out, along comes a challenge. Whether your needs are big or small, New York Life Group Benefit Solutions (NYL GBS) is there for you. Our NYL GBS Life Assistance Program can help you and your family find solutions and restore your sense of security.

- **Find helpful resources and guidance**
- **Create an action plan**
- **Achieve work/life balance**



Life Assistance Program – 24/7 support

Contact us for the information you need to help resolve life's challenges.

(800) 538-3543

www.nylgbs-lap.com

These programs are NOT insurance and do not provide reimbursement for financial losses. Some restrictions may apply. The Life Assistance Program products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Evernorth Behavioral Health, Inc. and Evernorth Care Solutions, Inc. Customers are required to pay the entire discounted charge for any discounted products or services available through these programs. Programs are provided through third party vendors who are solely responsible for their products and services. Full terms, conditions and exclusions are contained in the applicable client program description, and are subject to change. Program availability may vary by plan type and location, and are not available where prohibited by law. These programs are not available under policies insured by New York Life Group Insurance Company of NY.

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