| HOBOKEN AREA THERAPIST REFERRAL LIST – Therapists who have been identified as speaking Mandarin, Cantonese, and other East Asian languages  |
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| Name | Contact Info | Insurance Accepted | Specialty Areas |
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| [Hudson River Care & Counseling](http://www.hudsonrivercareandcounseling.com/)**Vanvian Hoo** LCSW\*Cantonese Speaking | St. Matthew’s Trinity Lutheran Church63-A 8th StreetHoboken, NJ 07030#201.541.8600HudsonRiverCC@gmail.com | Sliding Scale, Medicaid & Other Commonly Accepted Insurances | *Trauma work, anxiety, depression and relational issues with adults and adolescents.* |
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| [Henry Street Settlement](https://www.henrystreet.org/programs/primary-behaviorial-health/mental-health-services/asian-bi-cultural-mental-health-services/)*Asian Bi-Cultural Mental Health Services*\*Services are provided in Cantonese, Mandarin and Taiwanese | 265 Henry StreetNew York, NY 10002#212.766.9200 | Medicaid and other third-party insurance providers are accepted. A sliding-scale fee is available for those ineligible for health insurance. | *Services address the stigma related to mental illness within Asian families; social and economic stressors; and family conflicts in values and role expectations that often arise between the older and younger generations in a new culture.* |
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| [Hamilton-Madison House](http://www.hamiltonmadisonhouse.org/programs.html)\*Services are provided in Cantonese, Japanese, Korean, Mandarin, Thai and Vietnamese | 253 South Street, 2nd Fl., New York, NY 10002#212.720.4540 | Sliding Scale (min of $60), Medicaid & Other Commonly Accepted Insurances | *Individual, couple, marital, family and group therapy, psychosocial education and medical management* |
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| [University Settlement](https://www.universitysettlement.org/us/programs/mental_health_services/consultation_center/)*Consultation Center*\*Services are provided in Cantonese and Mandarin | 184 Eldridge StreetNew York, NY 10002#201.351.2242consultationcenter@universitysettlement.org | Sliding Scale & Medicaid | *Depression, Anxiety, Domestic Violence, Sexual Abuse, Family Crisis, Chronic Mental Illness, PTSD, and Psychiatric Medication Management* |
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| Yi Wang, Counselor, LMHC, MEd\*Mandarin & Cantonese Speaking | Fort Lee, NJ 07024#917.535.0658 | United Healthcare (UHC) – in NJBlue Cross Blue Shield (BCBS) – in NYOptumSliding Scale | *Anger Management, Anxiety, Career Counseling, Coping Skills, Divorce, Emotional Disturbance, Family Conflict, Grief, Life Transitions, Relationship Issues, Women’s Issues, Suicidal Ideation, Immigration Issues* |
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| [Wendy Cheung, PhD, LCSW-R](https://drwendycheung.com/)\*Mandarin & Cantonese Speaking | 1115 Broadway, Suite 1150New York, NY 10100#347.391.1448 | Aetna, Empire BCBS, & Out of Network & Sliding Scales (for students) | *Depression, anxiety, bipolar, stress, OCD, grief, trauma, existential crisis, and relationship and personality issues* |
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| [Katherine](https://drwendycheung.com/) Lau, MA, LP\*Mandarin & Cantonese Speaking | 99 University Place Suite 205New York, New York 10003#646.461.4037 | Cigna, Humana & Out of Network | *Broad range of specialties listed on PsychologyToday.com* |
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| [Angela Yeung, PsyD](https://www.drangelayeung.com/about-dr-yeung.html)\*Mandarin & Cantonese Speaking | 80 8th Ave., Suite 1305,New York, NY 10011**#**646.820.0168dr.angelayeung@gmail.com | Aetna & BCBS | *Depression, anxiety, trauma, relationship issues, and various life transitions, including immigration issues* |

